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PROFESSIONAL REGISTRATIONS AND ASSOCIATIONS:

Ontario College of Social Workers & Social Service Workers, Registered Social Worker # 806252
American Association of Marital and Family Therapy – Member #111453
Ontario Association of Social Workers Member # 8077
BESTCO/ Board of Examiners in Sex Therapy and Counselling in Ontario – Associate Member
AISI #PRO183

PROFESSIONAL ACHIEVEMENTS:

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|---|------------------------|------------------------|
| Private Practice
<i>Individual, Marital and Family Psychotherapist</i> | Trenton, ON | 06/03 – Present |
| <ul style="list-style-type: none">• Psychotherapy for couples, families and individuals experiencing mental health issues including depression, anxiety, post-traumatic stress disorders and relationship difficulties• Assess and treat issues of low to no sexual desire and dysfunction in individuals and couples• Clinical practice includes a focus on couples and families affected by neurological injuries and illnesses• Utilize and integrate various therapeutic models including CBT, DBT, Emotionally Focused (EFT) and Narrative with Family Systems• Northumberland Post-Partum Depression Support Group Clinical Consultant• Employee Assistance Provider• Couples and Family Therapy Consultant for <u>Ontario March of Dimes and York Simcoe Brain Injury Services</u>• Approved WSIB regulated mental health provider and a SABS / AISI health care professional | | |
| Lakeshore Community Mental Health Services
<i>Individual and Group Psychotherapist</i> | Cobourg, ON | 09/06 – 11/07 |
| <ul style="list-style-type: none">• Provide therapeutic services to clients with serious mental health illnesses• Work with an interdisciplinary team in providing case management, individual and group therapies• Liaise with various medical professionals, community agencies and mental health providers• Provide crisis intervention to clients at Northumberland Hills Hospital Emergency Services• Follow the guidelines set force by the Ontario College of Social Workers & SSW in maintaining client confidentially, informed plans for treatment and recovery, and best mental health practices | | |
| Bloorview Macmillan
<i>Family Clinician – Neuro-Rehabilitation / Family Support – Contract</i> | Toronto, ON | 06/04 – 06/05 |
| <ul style="list-style-type: none">▪ Worked with an interdisciplinary team providing psychotherapy to families and individuals between the ages of 16 and 25 years old with acquired brain injury▪ Educated the families and the ABI survivors about their neurological impairments and the potential challenges they experienced | | |
| York Durham Aphasia Centre
<i>Clinical Social Worker – Contract</i> | Stouffville, ON | 09/03 – 06/04 |
| <ul style="list-style-type: none">• Provided therapeutic counselling (individual and group) for clients with aphasia and their families• Facilitated stroke, aphasia and neurological focused educational programs for caregivers | | |

West Park Health Centre – ABI Behaviour Services Toronto, ON 02/03 – 03/04
Clinical Social Worker – Contract

- Conduct psychosocial assessments for newly admitted clients and their families
- Counsel couples and families of acquired brain injury/behavioural disorder clients
- Manage complex discharge planning initiatives for clients
- Reviewed client treatment plans at interdisciplinary team sessions

Perspectives Ltd., Chicago, IL 09/01 – 06/02
Clinical Social Worker

- Completed psychosocial assessments on a culturally diverse client population
- Provided short and long-term psychotherapy for individuals, couples, families, adolescents and children, utilizing task centered and strength/resilience based modalities
- Conducted wellness seminars and workshops
- Screened clients for substance and alcohol abuse

St. Joseph’s Carondelet Therapeutic Day School Chicago, IL 09/00 – 06/01
Clinical Social Worker

- Provided intensive individual and group psychotherapy for children, ages 6 – 14 years old, diagnosed with severe to profound behaviour and emotion-disorders, resulting from TBI (traumatic brain injuries), sexual and physical abuse, PTSD, learning disabilities, and other physical and mental impairments
- Acted as liaison to Chicago Board of Education, Juvenile Courts / Probation, Dept. of Children & Family Services and the medical support team

EDUCATION:

University of Chicago, Chicago, IL – School of Social Administration 2002
 Masters of Social Work Concentration: Clinical Social Work – Family Systems

University of Wisconsin – Madison, Madison, WI 1994
 Masters of Arts – Cultural Anthropology

Loyola / Mundelein University, Chicago, IL 1992
 Bachelor of Arts – Public Policy & Social Services (Honours)

PROFESSIONAL DEVELOPMENT AND CONTINUING EDUCATION:

Psychotherapy Networker Symposium	Washington, D.C.	03/2011
Neurobiology and Relationships	San Diego, CA	01/2010
Sex Therapy Intensive Training Program	Guelph, ON	06/2009
Sexual Attitudes Reassessment SAR	Montreal, QC	04/2009
Trauma & The Self	Toronto, ON	11/2007
Personality Disorders Conference	Toronto, ON	10/2007
Crisis Intervention with Suicidal ABI Clients	Aurora, ON	10/2006
EFT Summit Conference	Ottawa, ON	05/2006
Why We Love / The Good Divorce	Ottawa, ON	05/2005
Emotionally Focused Therapy Advanced	Ottawa, ON	12/2004
Emotionally Focused Therapy 5-Day Externship	Ottawa, ON	06/2004
The Healing Conversation: Counselling with Aphasia	Toronto, ON	04/2004
Family Support and Education Group – Aphasia Institute	Toronto, ON	04/2004
Marital Therapy: A Research-Based Approach	Ottawa, ON	05/2004
Balancing Act – Brain Injury & Mental Health	Hamilton, ON	06/2003
Emotionally Focused Therapy	Toronto, ON	05/2003
Psychopharmacology & Therapy	Chicago, IL	08/2001
Sexually Abusive Children & Youth	Chicago, IL	02/2001
Certified Hypnotherapist	Ft. Lauderdale, FL	09/2000